



# Flipped Classroom & Case-based learning

Train the Teachers Workshop Mari Berglund and Evanthia Sakellari



## What is Flipped Classroom (FC)?

- One of the most commonly used active learning methodologies, which follows a competency-based model (Basso-Aránguiz et al., 2018)
- Traditionally, activities are undertaken in the classroom, but under FC, they are done outside and prior to the class.
- This means students engaging with learning materials before the class, thereby maximising in-class active learning time and promoting an active Role for students, with the teacher guiding and facilitating the learning process (Chen et al., 2018).

## What is Flipped Classroom (FC)?

the European Union

- FC has been shown to be effective in higher education settings, particularly in areas of knowledge such as sciences and biomedical sciences (Baepler et al., 2014; Chen et al., 2017)
- The FC methodology combines autonomous learning (being able to use technological resources such as Google Drive, YouTube, Vimeo or Google Classroom and face-to-face classroom activities.
- Consider "flipping" the class—moving the content coverage to outside the class in order to devote precious, in-class time to practice of important course skills

#### Benefits of the FC

- The primary benefit of a flipped classroom is enabling students to take charge of their learning process.
- Students take control of the process, thereby improving their soft skills like resilience and communication.
- By participating in structured activities in class, the students rehearse aspects of critical thinking with their peers and gauge their own proficiency.
- Since students have online access to the lesson material, they are able to review it at their own pace as many times as needed to help understand it.





#### Benefits of the FC

- FC model include more interaction time between students and teachers, better test scores, and less stress for students.
- Results show that in some cases flipping the classroom helped to improve the class failure rate by as high as 30%, and 94% of students pointed out that they liked this approach to learning. (Nwosisi et al. 2016)





#### Cons of FC

- When using FC, teachers often utilize items like videos or other Internetbased research for the preparation work. This can be problematic for students who do not have regular Internet access outside of the classroom.
- Teachers spend more time preparing than those who run a traditional classroom, at least in the beginning.
- Teachers may deal with student engagement issues such as students who are unwilling to complete the preparation work for class, defeating the purpose of the flipped classroom model







# What is Case-Based learning (CBL)?

- Case-based learning (CBL) methodology, also called storytelling or case study (CS), is used in a large number of disciplines (Snyder & McWilliam, 2003).
- The CBL method is founded on theoretical principles based on experiential learning (Banning 2003).
- The aim is to create learning contexts that closely resemble professional practice, which will help students to develop the competencies required in such situations.





# What is Case-Based learning (CBL)?

- The use of this CBL is especially suitable for the construction of diagnostic and decision-making capacity in the field of social problems, where interpersonal relationships play an essential role (Escartín et al., 2015; Leonard and Cook, 2010).
- Specifically, this teaching-learning method has been defended as an effective tool for developing skills such as critical thinking (Popil, 2011), communication skills or teamwork (Pique Simón and Forés Miravalles, 2012).





# What is Case-Based learning (CBL)?

 Working with CBL makes it easier to apply theory to practice, to apply conceptual content to real-world situations, thereby bridging the gap between the academic world and the world of work and providing meaningful learning that improves academic results and student satisfaction (Escartín et al., 2015).





#### **Formats of Cases**

the European Union

- "Finished" cases based on facts: for analysis only, since the solution is indicated, or alternate solutions are suggested.
- "Unfinished" open-ended cases: the results are not yet clear (either because the case has not come to a factual conclusion in real life, or because the instructor has eliminated the final facts.) Students must predict, make choices and offer suggestions that will affect the outcomes.
- **Fictional cases:** entirely written by the instructor—can be open-ended or finished. Cautionary note: the case must be both complex enough to mimic reality, yet not have so problematic as to obscure the goal of the

#### **Formats of Cases**

Original documents: news articles, reports with data and statistics, summaries, artifacts, video and audio recordings, ethnographies, etc. With the right questions, these can become problem-solving opportunities. Comparison between two original documents related to the same topic or theme is a strong strategy for encouraging both analysis and synthesis. This gives the opportunity for presenting more than one side of an argument, making the conflicts more complex.





### Designing case studies

- Cases can be more or less "directed" by the kinds of questions asked.
  These kinds of questions can be appended to any case, or could be a
  handout for participants unfamiliar with case studies on how to approach
  one:
  - -What is the situation—what do you actually know about it from reading the case?
  - -What issues are at stake? (Opportunity for linking to theoretical readings)
  - -What questions do you have—what information do you still need? Where/how could you find it?
  - -What problem(s) need to be solved? (Opportunity to discuss communication versus conflict, gaps between assumptions, sides of the argument)





# Designing case studies

- -What are all the possible options? What are the pros/cons of each option?
- -What are the underlying assumptions for [person X] in the case—where do you see them?
- -What criteria should you use when choosing an option? What does that mean about your assumptions?





# Managing discussion and debate effectively

- Delay the problem-solving part until the rest of the discussion has had time to develop. Start with expository questions to clarify the facts, then move to analysis, and finally to evaluation, judgment, and recommendations.
- Shift points of view: "Now that we've seen it from [W's] standpoint, what's happening here from [Y's] standpoint?" What evidence would support Y's position? What are the dynamics between the two positions?
- Shift levels of abstraction: if the answer to the question above is "It's just a bad situation for her," quotations help: When [Y] says "\_\_\_\_\_," what are her assumptions? Or seek more concrete explanations: Why

does che had this point of view?"

Co-funded by the European Union

# Managing discussion and debate effectively

robl<del>am?</del>

the European Union

- Ask for benefits/disadvantages of a position; for all sides.
- Shift time frame—not just to "What's next?" but also to "How could this situation have been different?" What could have been done earlier to head off this conflict and turn it into a productive conversation? Is it too late to fix this? What are possible leverage points for a more productive discussion? What good can come of the existing situation?
- Shift to another context: We see how a person who thinks X would see the situation. How would a person who thinks Y see it? We see what happened in the Johannesburg news, how could this be handled in [your town/province]? How might [insert person, organization] address this

# Managing discussion and debate effectively

- **Follow-up questions:** "What do you mean by \_\_\_\_?" Or, "Could you clarify what you said about \_\_\_?" (even if it was a pretty clear statement—this gives students time for thinking, developing different views, and exploration in more depth). Or "How would you square that observation with what [name of person] pointed out?"
- Point out and acknowledge differences in discussion—"that's an interesting difference from what Sam just said, Sarah. Let's look at where the differences lie." (let sides clarify their points before moving on).







#### FC & CBL combined

- Flipped Classroom and Case-Based learning methodologies support excellent the competence-based learning when these approaches are combined.
- In an RCT students who followed an FC+CBL teaching methodology were more satisfied. Implementing these methodologies would therefore strengthen students' skills and, as a result, improve the quality of their future professional work. (Oliván-Blázquez et al. 2023)





### **Further reading**

- Barranquero-Herbosa, M. et al. 2022. Effectiveness of flipped classroom in nursing education: A systematic review of systematic and integrative reviews. International Journal of Nursing Studies. 135. 10432.
- McLean, S.F et al. 2016. Case-Based Learning and its Application in Medical and Health-Care Fields: A Review of Worldwide Literature. Journal of Medical Education and Curricular Development (3), 39. DOI:10.4137/JMECD.S20377
- Nwosisi, C et al. 2016. A Study of the Flipped Classroom and its Effectiveness in Flipping Thirthy Percent of the Course Content. International Journal of Information and Education Technology, Vol. 6, No. 5. DOI: 10.7763/IJIET.2016.V6.712
- Oliván-Blázquez, B. et al. 2023. Comparing the use of flipped classroom in combination with problem-based learning or with case-based learning for improving academic performance and satisfaction. Active Learning in Higher Education, Vol. 24(3) 373–388.DOI: 10.1177/14697874221081550
- Williams, B. 2025. Case based learning—a review of the literature: is there scope for this educational paradigm in prehospital education? Emerg Med J 2005;22:577–581. doi: 10.1136/emj.2004.022707



