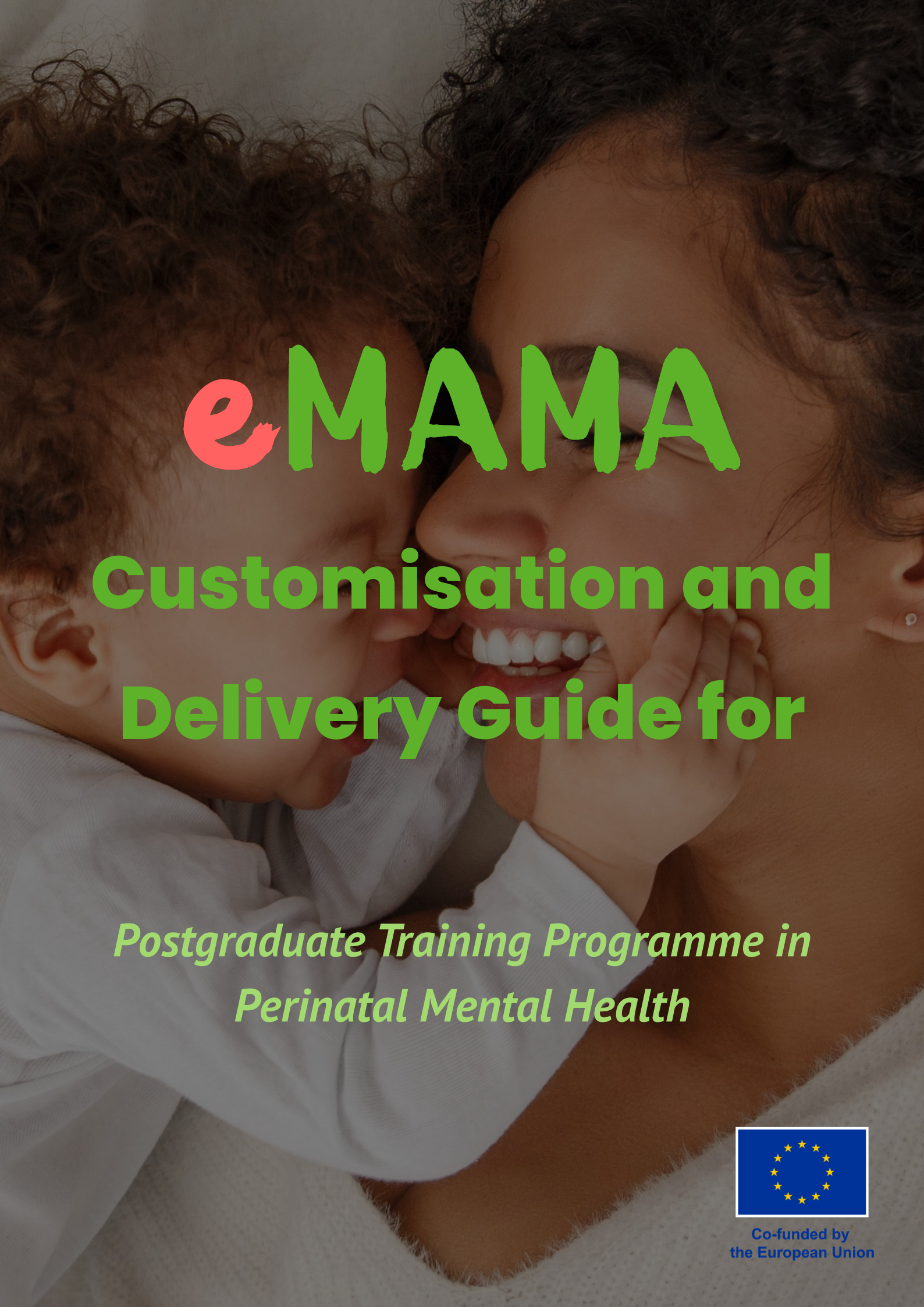




eMAMA

**Customisation and
Delivery Guide for**

*Postgraduate Training Programme in
Perinatal Mental Health*



Co-funded by
the European Union

Project title: Developing Post Graduate Training Programme for Maternal Mental Health in Sub-Saharan Africa, eMAMA

Grant agreement number: 101082701

Programme strand: Erasmus+ Capacity Building in the Field of Higher Education, strand 2

Project duration: 01.09.2023 - 31.08.2026

Website: <https://emama.turkuamk.fi/>

Consortium: Turku University of Applied Sciences, Finland (coordinator); Kamuzu University of Health Sciences, Malawi; Catholic University of Malawi; University of Namibia; International University of Management, Namibia; University of Zambia; Mulungushi University, Zambia; University of West Attica, Greece; Riga Technical University, Latvia.



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Document title: eMAMA customisation and delivery guide for adopting institutions, Postgraduate Training Programme in Perinatal Mental Health

Edition or version number: 1.0

Publication date: 7.8.2026

Place of publication: Turku, Finland

Editors/authors: eMAMA project consortium. Layout: Arina Ventelä, Turku University of Applied Sciences

Co-funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or EACEA. Neither the European Union nor the granting authority can be held responsible for them.

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This guide accompanies the eMAMA Moodle package. The package is distribution-ready: it contains no pilot cohort data, the grading is configured to the handbook model, dates have been cleared, and file resources are attached as course files. What remains is to tailor the course to your own institution and context — this guide points to the parts you are expected to adapt. The eMAMA Implementation Handbook remains the authoritative reference for how the programme is designed and assessed.

How to read this package

The eMAMA package is a configurable template, not a fixed course. It can be delivered largely as-is, or adapted to your institution's regulations, calendar, and setting. Two things are worth understanding before you start:

- The handbook is the key to delivery, but it is flexible. It defines the intended structure and assessment model, and where the module text and the handbook disagree, the handbook is correct. But most specific values in it — pass marks, quiz/exam splits, placement hours, deadlines, cultural scenarios — are recommended defaults you are free to change to fit your own academic standards and context. The handbook tells you how the programme is meant to work; it does not lock you into the pilot's exact numbers.
- The four modules are standalone but read as one programme. Each can be adopted individually, and each is intentionally different in structure (Module 3 has no exam; Module 4 is a pass/fail practicum). Differences between modules are by design, not errors.



Fill in the placeholders (names, contacts, and similar)

Pilot staff details have already been removed and replaced with placeholders throughout the package. Before delivery, go through each module and fill these in with your own details — whatever you'd like students to see.

Placeholders appear wherever the pilot had specific people or contacts, including:

- Course coordinator / lecturer names
- Contact email addresses

- Supervisor / responsible-teacher blocks (Module 4)

Work through the modules one at a time so none are missed — placeholders can appear in welcome pages, assignment briefs, and contact sections. There's no fixed format to follow; enter whatever details and contact methods suit your institution.

Set your delivery dates

Pilot deadlines have been cleared, so the course arrives without fixed dates. Add your own delivery schedule before the course opens:

- Set open/close dates for each quiz, Workshop, forum, and assignment as needed

- Or leave activities undated if you prefer a self-paced delivery

Placeholders such as "[institution sets date]" mark where a deadline was previously stated in the text — fill these in to match the dates you set on the activities.

Review the supporting templates

The supporting documents are attached to the course as files and travel with the package, including:

- APA 7 / referencing guide
- Written assignment template
- Case study template (Module 1)
- Case study / advertisement templates (Module 3)

- Reflective-log and portfolio templates (Module 4)

These are provided as usable defaults. Replace any of them with your own institution's versions if you prefer — for example, your own assignment or referencing template.

Grading — how it's set up, and what you can change

The gradebook is already configured to the handbook model in every module — the structure below reflects what you'll find, not something you need to build. This section explains how it works so you can adjust the configurable defaults (pass marks, quiz/exam split, attempt limits) to your own regulations if you wish. If you change nothing here, the grading will run as designed.

The programme-wide model

Most modules use: knowledge tests are graded and make up the numeric course total; applied components are pass/fail, enforced through activity completion (weight 0 in the gradebook), not through marks. This means the numeric grade is built only from the graded items, and the pass/fail components gate module completion separately. (Module 4 is entirely pass/fail and does not use this split.)

Per-module structure (as configured)

Module 1 — Fundamentals. The numeric grade comes from five weekly quizzes and a final exam, with the exam carrying the larger share. The case study (a Workshop) and the discussion forums are pass/fail, set to weight 0 and gated through activity completion.

Module 2 — Clinical Competence. The numeric grade comes from five unit quizzes and a final exam. The Unit 2 discussion forum is pass/fail (weight 0). The Unit 4 Reflective Practice Audit is not graded and does not contribute to either the grade or the pass/fail outcome.

Module 3 — Community Care. There is no exam; the five unit quizzes carry the whole numeric grade on their own. The two Workshops (case study and

advertisement), the needs assessment, and the two forums are all pass/fail (weight 0).

Module 4 — Practicum. Entirely pass/fail, with no numeric grade. Completion depends on the portfolio, the final report, and the placement hours (confirmed by supervisor sign-off).

Good to know if you adjust the gradebook

If you change the grading, keep these design principles intact so it continues to behave as intended:

Pass/fail components are set to weight 0 and gated through activity completion → require passing grade. Keep them at weight 0 if you re-weight anything, so they stay pass/fail gates rather than becoming scored.

Graded categories sum to 100 of the numeric total (in Module 3 the quizzes carry the whole 100, since it has no exam).

Quizzes use simple weighted mean so they share the category weight equally. If you add or remove a quiz, this rebalances automatically — avoid setting per-quiz weight overrides to 0, which zeroes the category.

Course completion criteria require the passing grade and completion of every pass/fail component. A weighted mean alone cannot express "must pass all gates," so this is set separately — preserve it if you edit completion settings.

There is deliberately no numeric weight for the pass/fail side. A module's numeric grade is built only from the graded items; the pass/fail components gate completion without adding points.

Pass marks and attempts (configurable defaults already set)

Pass marks are set to sensible defaults; change them to your own regulations if needed, keeping one convention within each module:

- Modules 1, 2, 4: percentage-based (default 50%)

- Module 3: raw-score convention (default 8 out of 15, shown as "8/15"). This raw-score approach is intentional for this module.

Exams are set to allow unlimited attempts with the highest score recorded and a 24-hour gap between attempts. If your regulations do not permit unlimited attempts, adjust this on the exam activities.

Localise the scenarios and context

Several activities use specific cultural scenarios and country context from the pilot. These are meant to be adapted to the population your students actually serve. If you change a scenario, review the linked questions and rubric too — the answers often depend on the specific scenario.

Localise as needed:

- Module 1 case study and Module 2 exam scenario (the "Nido" case)
- Module 3 Unit 5 case study (Herero-speaking woman) and the support-group advertisement task

- Module 3 stigma examples and needs-assessment task

- Example populations named in forums (e.g. HIV, poverty) and "traditional healers" references

- Module 4 contextual rationale (written around Malawi, Namibia, and Zambia) and the 270-hour placement requirement (adjust to your accreditation rules)

- Credit values: the programme uses ECTS (Module 4 = 15 ECTS / 405 h). Map these to your own credit system; the stated hours make this possible.

Licence and attribution

The package is distributed under CC BY-SA 4.0, and the licence is labelled inside the course. Under these terms you are free to adapt and reuse the materials, with attribution, sharing any adaptations under the same licence. Keep the licence label in place when you deliver or share your adapted version.

Module 4 requires local clinical governance

Module 4 is a work-based clinical placement involving real perinatal patients — it cannot be delivered turnkey. Before running it, your institution must provide its own:

- Placement supervision arrangements and supervisor sign-off process
- Student insurance / professional indemnity for clinical practice
- Ethical approval and patient-consent

process for the work-based project

- Confidentiality and anonymity handling for reflective logs and portfolios (these contain real clinical encounters and must not be included in any course backup that is redistributed)

The reflective log is described as "supporting material" but is effectively required, because the assessed portfolio is built from it — make this clear to students.

The companion app

The eMAMA mobile app (developed by Riga Technical University) is a separate product available on the Google Play Store, with a web resource library for users without an Android device. If you recommend it to students, check the current platform availability (Android-only) and update any references accordingly.

Before you deliver — customisation checklist

The package arrives clean and configured. To make it your own:

- Fill in the placeholders — names and contacts — in each module (section 1)
- Set your delivery dates on the activities (section 2)
- Review the supporting templates; swap in your own if preferred (section 3)
- Adjust pass marks, quiz/exam splits, or attempt limits only if your regulations require it — otherwise the grading runs as designed (section 4)
- Localise the scenarios and country context to your setting (section 5)
- Keep the CC BY-NC-SA licence label in place (section 6)
- For Module 4, put your local clinical-placement governance in place before running the practicum (section 7)

A quick walk-through of the course as a student, after you've made your changes, is the simplest way to confirm everything reads the way you intend.

